Grass Valley/Nevada City Resources For the English and Spanish Speaking Community

Health

Nevada County Dental Coalition	(530) 265-1450 www.SmileNevadaCounty.com	Go to the website to find a dentist for you and your child through Medi-Cal.
Alcoholicos Anonimos (AA)	(530) 557-9839	Spanish speaking group meets Wednesdays 7:00-9:30 pm at 154 Olympia Park Rd. Grass Valley 95945
Freed Services and Support Groups	FREED.org 435 Sutton Way Grass Valley 95945 (530) 477-3333	Many emotional, service, and practical resources available to the elderly and those with special needs, including the loan of medical equipment.

Family Health

Maternal, Child & Adolescent Health	(530) 847-8293 MCAH@nevadacountyca.gov	A nurse can come to your home to support you with your newborn.
Public Health Parent Support	(530) 847-8293 call or text Jeana McHugh speaks Spanish sncs.org	You can attend many types of support groups.
Public Health	(530) 265-1454 office (530) 913-6063 cell Adriana Aguilera speaks Spanish	You can receive help from WIC (Women, Infants, Children) staff.
Sierra Nevada Children's Services (SNCS)	(530) 272-8866 ext.217 Lourdes Vose speaks Spanish lourdes@sncs.org	You can receive help for you and your child through SNCS.

Banking

BMO Bank	(530) 477-6777 office Pablo Parra speaks Spanish Pablo.Parra@BMO.com	You can receive information and help with your finances.
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Education

Grass Valley Library	(530) 470-2772 https://www.nevadacountyca.gov/307 /Grass-Valley-Library Joy Marria speaks Spanish	You can attend English class and conversation for adults, multiple class times per week for free.
Farmworkers Institute of Education & Leadership Development (FIELD)	(530) 701-0562 www.farmworkersinstitute.org Laura Ponce speaks Spanish	You can earn a high school diploma: WASC accredited, flexible classes, individualized instruction, English classes, free for all.
KidZ Community (Head Start & Early Head Start)	(530) 886-4113 office (530) 863-7152 cell Irma Calderon speaks Spanish icalderon@pcac-inc.org	You and your child can receive help at home or in a pre-school.
La Academic de Bell Hill	(530) 273-2281 https://bellhill.gvsd.us/	Your children can receive bilingual instruction.
Madelyn Helling Library	(530) 265-7050 adultliteracy@nevadacountyca.gov https://www.nevadacountyca.gov/542 /Adult-Literacy-ESL Joy Marria speaks Spanish	Several programs for assisting ESL learners, including tutor lessons, instructions for voting, reading to children, or finding employment.

Nevada County Superintendent of Schools: Latino Outreach	 (530) 478-6400 ext. 2029 office (530) 273-4059 cell Angelly Figarella speaks Spanish angellyfigarella@nevco.org Rocio Zhukov speaks Spanish (530) 268-5317 	You can receive different kinds of help through Latino Outreach staff, Rocio and Angelly.
Partners in English Language Learning (PiELL)	(530) 265-2116 office admin@piell.org	You can receive free tutoring in English with a volunteer at a place and time of your convenience.
Placer County Adult Education ESL Classes	(530) 477-1225 office https://adulted.njuhsd.com/	You can drop in to any classes for free instruction. Wed. 1-5 Tues. & Thurs. 9-1

Safety

National Survivor Network	Linea Directa Nacional de Tratas de Personas 1-888-373-7888 HumanTraffickingHotline.org	You or someone you know can receive help if you feel unsafe.
Nevada County Adult Protective Services	950 Maidu Ave Nevada City, CA 95959 (530) 265-1639	A support system for elderly and dependent adults who may be subject to neglect, physical abuse or exploitation, or who are unable to protect their own best interests.

General Help

211 Connecting Point	208 Sutton Way Grass Valley (530) 274-5601 Ulysses Palencia speaks Spanish Connectingpoint.org 211connectingpoint.org	You can receive all kinds of support through this organization.
Nevada County Adult Protective Services	950 Maidu Ave Nevada City, CA 95959 (530) 265-1639	A support system for elderly and dependent adults who may be subject to neglect, physical abuse or exploitation, or who are unable to protect their own best interests.